

MAJOR SPONSORS:



5K

26th Annual WALK & RUN



"Food for the body ... Nurture for the soul"

TO BENEFIT THE HUNGRY
& HOMELESS

SUNDAY
OCT 7, 2018

12PM AT PINE BANKS PARK,
MELROSE & MALDEN

REGISTER ONLINE AT
WWW.BREADOFLIFEMALDEN.ORG

RUNNERS \$25
(\$30 DAY OF EVENT)

WALKERS RAISE
PLEDGES

ALL PARTICIPANTS
RECEIVE
FREE
T-SHIRT & SNACKS

Name: _____

Address: _____

Phone: _____ Email: _____

I will ☐ Walk ☐ Run (\$25 or \$30 Day of Event) ☐ Volunteer ☐ Sponsor

[illegible]

Total Amount Pledged:_____Amount Enclosed:_____Amount Due:_____

Submission of this entry constitutes an acknowledgement that the walker or runner is physically able to undertake the Walk for Bread & 5K Run (hereafter called “the Event”); it is a waiver of any and all claims arising out of the Event that the walker or runner might assert against any parties connected with the Event. In addition, the walker or runner assents to the use of any photo, film or videotape of the Event for any purpose.

Signed: _____ Date: _____

Please make checks payable to: **Bread of Life**

Address: 54 Eastern Ave., Malden, MA 02148