



Annual Report

Bread of Life Food Security Impact in 2022

- Provided 84,300 bags of groceries to 40,000 households that included 107,700 adults, children and seniors through our combined food pantry programs
- Delivered 10,500 grocery orders to senior citizens, disabled residents and COVID-quarantined households
- Distributed 2,500 nutrition backpacks to students in Everett public schools
- Delivered 5,800 meals and 9,300 bags of groceries to homeless individuals and families sheltered in local motels
- Provided 55,500 meals through our evening meal program, including weekly meals for the Malden Teen Enrichment Center and delivery to homebound senior citizens.
- Provided interpreting and translation services, nutrition and sanitation education, and outreach to immigrant and BIPOC communities to improve food equity by overcoming barriers to access.

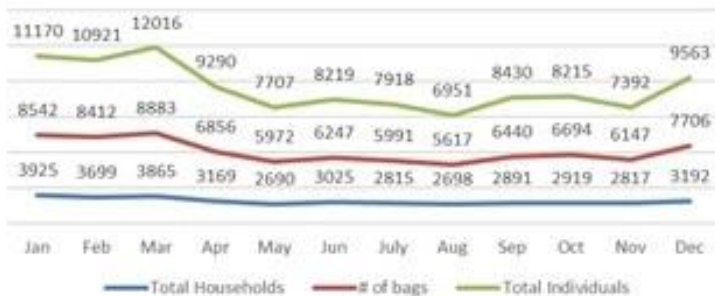


2022 Thanksgiving Dinner at Malden HS

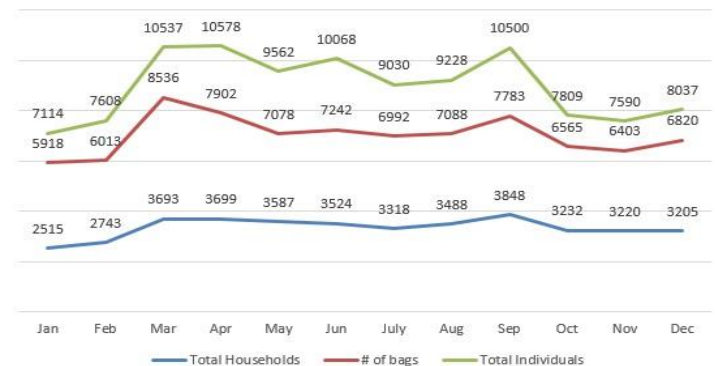
Overview:

The number of people Bread of Life serves has returned to near-COVID (2020) levels due to the impact on low- and moderate-income families of inflation, especially in food and fuel costs, and continued high costs of housing. Thanks to our donors and dedicated and hard-working staff and volunteers, we continue to meet the need and stop food insecurity for thousands of struggling neighbors in Malden, Everett, Melrose, Medford, Wakefield, Winchester, Stoneham, Saugus, Reading, North Reading, Winthrop, Revere and Chelsea.

2021 Bread of Life Food Pantry Distribution:
Total households, # of bags, Total individuals



2022 Bread of Life Food Pantry Distribution Monthly:
Total households, # of bags, Total individuals



2022 totals for combined Malden Food Pantry, Everett Mobile Mkt, Motel Outreach, Teen Ctr Collab, Backpacks, Grocery Delivery	Unduplicated Households	Unduplicated Individuals	Total Households	Total Individuals	Children	Adults	Seniors	# of Bags	# of Boxes – Grocery Delivery
	5,230	13,496	40,072	107,661	36,106	46,001	25,554	84,340	10,503
Meals Program	1,638	1,638	14,349	14,349	287	11,192	2,870	0	0
TOTAL ALL PROGRAMS	6,868	15,134	54,421	122,010	36,393	57,193	28,424	84,340	10,503

Annual total: Malden Food Pantry, Everett Mobile Market, Motel Outreach, Teen Ctr, Backpacks, Grocery Delivery, Meals Program	Total Households	Total Individuals	Total Bags Groceries	Total Boxes (Grocery Delivery)
2022	54,421	122,010	84,340	10,503
2021	49,088	119,175	83,707	10,477
2020	48,688	122,619	96,167	9,099
2019	33,613	54,716	81,013	--

- **Our Malden Food Pantry** distributed **1,000 grocery orders per month**, providing food for **4,900 unduplicated individuals and 35,000 duplicated (repeat) individuals during the year**. The pantry distributes pre-bagged groceries, including fresh produce, meat/fish, dairy, bakery and nonperishable foods, twice weekly from 109 Madison Street, Malden, our leased warehouse/food pantry facility. A household may receive groceries once every four weeks. This pantry serves residents of Malden and twelve surrounding communities.
- **Our Grocery delivery program** delivered **875 grocery orders per month** door-to-door to senior citizens (individuals and couples 65 and over), disabled residents, COVID patients, and emergencies. The program serves residents of Malden and Everett. It also serves clients referred by Mystic Valley Elder Services at locations in Melrose, Medford, Chelsea, Revere, Winthrop, Stoneham, Woburn, Wakefield, Stoneham, Winchester, Lynn, Reading and North Reading.
- **Our Everett Mobile Market** distributed **870 grocery orders per month**, providing food for **5,700 unduplicated individuals and 49,500 duplicated (repeat) individuals during the year**. The pantry distributes pre-bagged groceries, including fresh produce, meat/fish, dairy, bakery and nonperishable foods, weekly at the Lafayette School, 117 Edith Street, Everett. A household may receive groceries weekly.
- **Our Everett Backpack Nutrition Program** provides **240 backpacks of food per month** to students of the Lafayette, Whittier and Parlin schools, as well as the high-needs students group. The bags are distributed by school principals and staff who identify each month the students who are most in need of food assistance. Backpack contain items such as small cartons of milk and juice, single-serving boxes of cereal, raisins, granola bars, pretzels or chips, applesauce or fruit cups, cans of ravioli, cup of soup, peanut butter, crackers, tuna-to-go pouches, bottled water, hot cocoa mix, candy, nuts, microwave popcorn, plastic cutlery. We also provide non-food items by request, such as blankets, gloves, hats, socks, hand warmers, tissues, towels, washcloths, toiletries, pencils, notebooks. Since this program began in November 2019 through December 2022, we have distributed over 7,600 backpacks.
- **Our Motel Meals program** provided food for **193 households per month**. We deliver meals and groceries weekly to homeless individuals and families sheltered in four local motels, partnering with Housing Families Inc. to serve their shelter in Malden for homeless individuals.
- **Our Evening Meals program** provided **55,500 prepared meals during the year**, including prepared meals, snack meals and holiday meals. The evening meals are held Tuesday-Friday evenings at the First Baptist Church in Malden. Guests may pick up the packaged meals and snack bags on a “grab and go” basis from the front lawn, or come inside to dine. About twenty of our partner groups have returned post-COVID to participate in preparing or serving the meals. Our Thanksgiving and Christmas Day dinners provided 2,700 congregate and delivered meals, and are held in partnership with the City of Malden’s Mayor’s Office, school department, and Project Ezra/Jewish community volunteers.



- **Our Food Access Project** provided interpreting and translation services in five languages (Chinese, Haitian Creole, Spanish, Portuguese and Arabic), nutrition and sanitation education, and outreach to immigrant and BIPOC communities to improve food equity by overcoming barriers to access.
- **Volunteer recruitment and placement** were prioritized last year with the hiring of a part-time Volunteer Coordinator, filling a position vacant since 2019. We held an in-person Volunteer Appreciation Open House May 21st. With this position, we have seen better utilization and retention of volunteers as they are interviewed and placed in a program with follow-up to ensure the best placement in the organization given their preferences and skills. Organizations bringing in teams of volunteers were, among others:
 - **Community Groups:** LEAD, Mayor's Youth Employment Program, Malden Teen Enrichment Center, Melrose Council on Aging via The Foundation Trust, Work Opportunities Unlimited, East Boston Yacht Club, Chinese Culture Connection, Just A Start/YouthBuild
 - **Special Ed:** Stoneham Pantry, TILL Watertown, Malden High Transitions Program
 - **Schools:** Malden High, Malden Catholic, Matignon, Mystic Valley Regional Charter, Everett High, Melrose High, Austin Prep, Bridge Learning Center, Commonwealth
 - **Colleges:** Tufts – FOCUS, BU, Sattler, Merrimack Masters' Program
 - **Corporations:** Liberty Mutual, Encore Boston Harbor, Cambridge Savings Bank, USAA, Accordion, Servier, Salesforce, ROI Solutions, Fanikos Salib Dental Care, HealthEdge, Aqua Security iSpecimen, Santander, Alteryx



- **We distributed thousands of dollars' worth of supermarket gift cards, toiletries, household supplies, diapers, blankets, jackets, boots, sneakers, gloves, hats and scarves** to families and individuals through our food pantry and evening meals.
- **BOL is a Strategic Partner of the Greater Boston Food Bank**, in the top 10% of its member agencies, distributing almost 1,000,000 lbs. of GBFB food last year, half of which was fresh produce.
- **Gateway Cities and Food Deserts:** Four of the cities we serve, Malden, Everett, Chelsea and Revere, are Gateway Cities facing social and economic challenges including lack of good jobs. Food deserts - areas that have low household income, lack accessibility to sources of food, and lack of vehicle access - exist in several communities BOL serves, including areas of Malden, Medford, Everett, Revere and Chelsea.
- **Networking:** As the largest food security organization in the area, BOL plays a critical leadership role in addressing food insecurity. BOL convenes the monthly Tri-City Hunger Network to bring together organizations and agencies fighting food insecurity in Malden, Medford and Everett.
- **Collaborations:** Phantom Gourmet Food Festival Malden featured charity June 25th; Vaccine Equity Initiative COVID Vaccine Clinics with Gr. Malden Asian American Community Coalition (GMAACC) and DPH at BOL pantry June 2022; Walgreens Flu Clinic at BOL pantry Sept 2022; UMass Amherst SNAP Education outreach at BOL ongoing.
- **Food, Services & Program Partners:** BJs Medford, Community Cooks, Everett Community Growers' Farm, Garrick Santo Landscape Co, Housing Families Inc, Lovin' Spoonfuls, Mystic Valley Elder Services, Piantedosi Baking Co., Stop & Shop Medford, The Farm at Malden Community Garden, The Food Drive Melrose, Trader Joe's Somerville, Wegman's Medford, Yankee Pest Control.
- **Fundraising Events:** The community came together throughout the year to donate funds and goods, and to help make our fundraisers a success: Giggles Comedy Night (May 5), BOL Walk (Oct 1), 4th Annual Gerry Twomey Memorial Pool Tournament (Nov 19).

Under One Roof project update:

We closed on our financing mid-November 2022 and are now under construction at 54 Eastern Ave, Malden. The estimated completion date is early 2024. This game-changing project will bring all BOL program under one roof,” including a kitchen and dining hall/multi-purpose hall for expanded programs. The project also provides 14 affordable studio apartments owned and operated by our housing partner, Metro North Housing Corp, to provide permanent housing for formerly homeless individuals. We are deeply grateful to the 1,100+ individuals, businesses, foundations, civic groups, schools and faith communities that contributed over \$4.5 million toward our \$5.8 million project, including cornerstone grants from the Bayrd Foundation, Beth Israel Senior Citizens Housing Inc, Clipper Ship Foundation, Donovan Family Foundation, Mr. and Mrs. Craig and Sara Brandon, and City of Malden ARPA, CDGB and CPC grants. Recent site work included the excavation of trenches for the exterior foundation walls around the perimeter and installation of rebar and formwork.



Photo FR10.2
View of the trench along the southeastern corner.

Bread of Life Staff 2023

Clifford Barchard, Food Pick-Up Driver
Teri Barchard, Pantry Volunteer Coordinator
Pumla Bunghane, Doorperson
Malika Erroboa, Food Pantry Cleaner
Tyrone Evans, Grocery Delivery Coordinator
Patty Kelly, Development Director
Brandon King, Everett Nutrition Backpack Coord.
Anson Kwong, Food Access Coordinator
Marcia Manong, Office Manager
Christopher Messina, Everett Mobile Market Asst.
Eileen Mullen, Volunteer Coordinator
Doug Rogers, GBFB & Grocery Delivery Asst.
McKay Russo, Food Pantry Coordinator
Gabriella Snyder Stelmack, Executive Director
Maria Tiro, Meals Program Coordinator
Danielle Velasquez, Meals Program Assistant
Charlene Wilson, Everett Mobile Market
Coordinator/GBFB Driver

Young Professionals Advisory Board

YPAB is a group of emerging Boston-area leaders who support Bread of Life's mission by connecting with peers to raise awareness of the issue of food insecurity. YPAB goals include fundraising events, volunteer projects, and hosting resource drives. Members: Harrison Bond/Turner Construction, Julie Bourgea/Somerville District Ct., Patrick Burns/Quartz Bio, Xuemeng Verona Chen/St. Elizabeth's Medical Ctr., Sammantha Dorazio/Student, Rachel Goodreau/Mass Eye and Ear, Kenny Saint Juste/Winchester Savings Bank, Frank Kelly/Structure Tone Building Group, Elizabeth Natale/Merrimack College, Will Nuccio/Turner Construction, Lisa Speziale/Morse Constructions, Allison Stack/Encore Boston Harbor, Dan Urchuck/Student, Obiora Ofokansi/Turner Construction

Bread of Life Board of Directors 2023

Officers:

President: Séan Twomey (*At-Large*)
Vice President: Mary Beth Leon
(*Partner Org: Cheverus School, Malden*)
Treasurer: Edwin Andrews
(*Partner: Temple Tiferet Shalom, Peabody*)
Secretary: Chris Chitouras (*At-Large*)
Recording Secretary: Jana Gimenez
(*Partner Org: TheFoodDrive, Melrose*)

Directors:

Sara Brandon (*At-Large*)
Barbara Durgin (*At-Large*)
Louis Gentile, Jr (*At-Large: Winchester Savings Bank*)
Mark Golub (*At-Large*)
Robert Goodreau (*At-Large*)
Claudia Lee (*Program Representative*)
Liz Lombardozzi (*Partner Org: St. Joseph's Malden*)
Douglas Mayers (*At-Large*)
Kathleen McKenna
(*Partner Org: Sacred Hearts and Cheverus School Malden.*)
Bernadette Mutebi (*Program Representative*)
Cynthia Robillard (*At-Large*)
Dennis Roche
(*Partner Org: First United Methodist, Melrose*)
Stacy Roche
(*Partner Org: First United Methodist, Melrose*)



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