



Annual Report

Bread of Life Food Security Impact in 2023

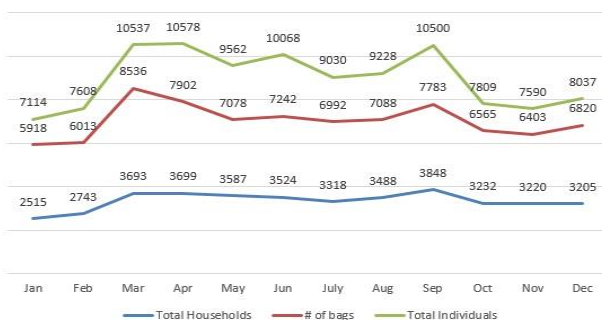
Overview:

In 2023, Bread of Life expanded its food programs to keep up with an 18% food insecurity rate in Massachusetts as of Sept 2023, a level that approaches what we saw during the pandemic. Thanks to our donors and dedicated and hard-working staff and volunteers, we continue to meet the need and stop food insecurity for thousands of struggling neighbors in Malden, Everett, Melrose, Medford, Wakefield, Winchester, Stoneham, Saugus, Reading, North Reading, Winthrop, Revere and Chelsea.

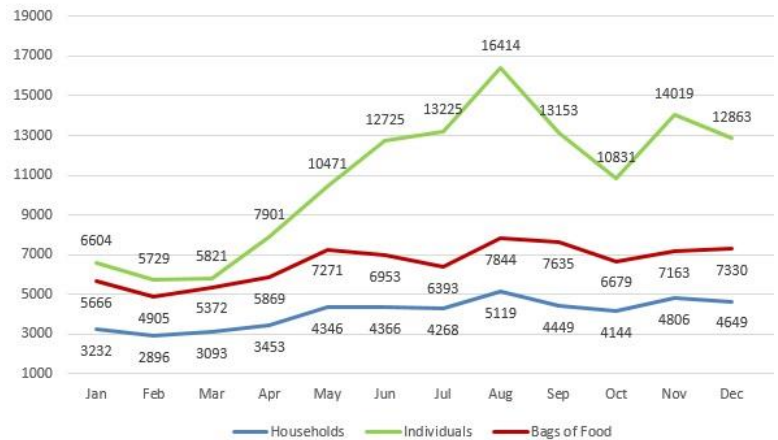


- Provided food for 63,000 households made up of 144,000 individuals.
- Distributed 79,000 bags of groceries to adults, children and seniors through our Malden and Everett pantries, Motel outreach and Everett Backpack Nutrition Program.
- Delivered 12,000 grocery orders to senior citizens, disabled residents and COVID-quarantined households through our Grocery Delivery Program.
- Delivered meals and groceries to 4,300 homeless households of individuals and families sheltered in local motels.
- Distributed 3,030 backpacks to students in the Everett Public Schools
- Provided 33,584 meals through our evening meal program, including meal delivery to homebound senior citizens and families and individuals in shelter.
- Provided interpreting and translation services, nutrition and sanitation education, and outreach to immigrant and BIPOC communities to improve food equity by overcoming barriers to access through our Food Access Project.
- Provided thousands of dollars' worth of supermarket gift cards, toiletries, household supplies, diapers, blankets, jackets, boots, sneakers, gloves, hats and scarves to families and individuals.

2022 Bread of Life Food Pantry Distribution Monthly: Total households, # of bags, Total individuals



2023 Bread of Life Combined Food Pantry Programs Distribution Totals - Households, Bags of Food and Individuals per month



Annual total for BOL All Food Security Programs

Year	Total Households	Total Individuals	Total Bags Groceries	Total Boxes (Grocery Delivery)
2023	62,998	143,933	79,080	11,971
2022	54,421	122,010	84,340	10,503
2021	49,088	119,175	83,707	10,477
2020	48,688	122,619	96,167	9,099
2019	33,613	54,716	81,013	--

- **Malden Food Pantry – 1,000 grocery orders per month** – twice weekly from 109 Madison Street, Malden, our leased warehouse/food pantry facility. A household may receive groceries once every four weeks. This pantry serves residents of Malden and twelve surrounding communities.
- **Everett Mobile Market – 360 grocery orders per month** – weekly at the Lafayette School, 117 Edith Street, Everett. A household may receive groceries once every four weeks.
- **Everett Family Care Pantry – 1,290 grocery orders per month** – weekly at the Family Church, 1691 Revere Beach Parkway. A household may receive groceries weekly. We began this partnership in April 2023.
- **Grocery delivery program – 1,000 grocery orders per month** – monthly, delivered door-to-door to senior citizens (individuals and couples 60 and over), disabled residents, COVID patients, and emergencies. Serving Malden and Everett, and Mystic Valley Elder Services clients in surrounding communities.
- **Everett Backpack Nutrition Program – 240 backpacks per month** – monthly at the Lafayette, Whittier and Parlin schools, as well as the high-needs students group.
- **Motel Meals program – 360 households per month** – weekly meal and grocery delivery. By the fall, we had expanded our program from serving two motes to serving four, partnering with Housing Families Inc as we responded to the homeless migrant family crisis.
- **Evening Meals program – 1,270 individuals per month** – four nights per week with congregate and to-go meals at our leased space at the First Baptist Church in Malden. Our Thanksgiving and Christmas Day dinners provided 3,125 congregate and delivered meals. They are held in partnership with the City of Malden’s Mayor’s Office, school department, and Project Ezra/Jewish community volunteers.
- **Volunteers** – in addition to utilizing hundreds of individual volunteers, we hosted 35 teams this past year from schools, colleges, churches, social service agencies, the Commonwealth, and business sectors of finance, insurance, IT, food, entertainment, science & technology.
- **Networking** – Bread of Life convenes the monthly Tri-City Hunger Network to bring together organizations and agencies fighting food insecurity in Malden, Medford and Everett; helping implement the findings of the Malden Community Food Assessment.
- **Collaborations** – Bread of Life collaborates to provide services with Mystic Valley Elder Services, Malden Community Fridges, Housing Families Inc, UMass Extension Nutrition Education, Malden Office of Housing Stability, school transition and special education programs in Malden, Everett & Stoneham, The Bridge Learning Center.
- **Food, Services & Program Partners:** BJs Medford, Community Cooks, Everett Community Growers’ Farm, Food Link, Garrick-Santo Landscape Co., Lovin’ Spoonfuls, Piantedosi Baking Company, Stop & Shop, The Farm at Malden Community Garden, The Food Drive Melrose, Trader Joe's Saugus, Wegmans Medford, Yankee Pest Control.
- **Fundraising Events:** The community came together throughout the year to donate funds and goods: Idle Hands Pre-St. Pat’s Day Fundraiser (March 16), Beer + Bites sponsored by Melrose Highlands Congregational Church (April 1), Knock on Wood benefit (June 25), Giggles Comedy Night sponsored by First United Methodist Church Melrose (Sept 28), BOL Walk (Oct 1), Winchester Savings Bank concert for BOL & HFI (Oct 27), Annual Gerry Twomey Memorial Pool Tournament (Nov 18).
- **Food Drives:** several were hosted during 2023 by families, businesses, faith communities, and school groups. Bread of Life’s Young Professional Advisory Board hosted BOL’s largest ever single item food drive and collected thousands of boxes of cereal for our programs.

Under One Roof project update:

Over the course of the year, the dream became concrete as the building rose before our eyes! During February 2024, exterior siding installation will be completed, drywall will go up, and the elevator will be installed. The anticipated completion date for construction is Spring 2024. The 54 Eastern Ave project will bring all BOL programs under one roof - food pantries, evening meals, backpacks, teen center collaboration, motel shelter food provision, grocery delivery and food access - along with our offices and a multi-purpose hall for expanded programs. The project also provides 14 affordable studio apartments owned and operated by our nonprofit housing partner, Metro North Housing Corp, to provide permanent housing for very low-income homeless/at-risk individuals. The application deadline for these



units was 12/15/23, with 340 applications received. Tenants will be chosen through a lottery. We are deeply grateful to the 1,100+ individuals, businesses, foundations, civic groups, schools and faith communities that contributed over \$4.5 million toward our \$5.8 million project, with cornerstone grants from the Adelaide Breed Bayrd Foundation, Beth Israel Senior Citizens Housing Inc, Clipper Ship Foundation, Donovan Family Foundation, Mr. and Mrs. Craig & Sara Brandon, and City of Malden ARPA, CDGB and Community Preservation Committee.

In Memoriam: Thomas J. Feagley, 1946 - 2023

On May 5th, after months of battling cancer, Tom Feagley, beloved first director of Bread of Life for 30 years, died at his home in Malden. Tom dedicated his life to making the world a better place. He was devoted to his family, to feeding the hungry, to protesting against war, violence, racism and social injustice, and advocating for peace, social justice, the homeless, and anyone in need. Tom was an artist who leaves behind a legacy of paintings and crafts, poems and songs. Tom’s family generously donated a number of his art works to Bread of Life which will be on display for sale at the grand opening of our new facility.

Bread of Life Staff 2023

Jeff Adams, Pickup & Delivery Driver
 Clifford Barchard, Food Pick-Up Driver
 Teri Barchard, Pantry Volunteer Coordinator
 Pumla Bungthane, Doorperson
 Malika Erroboa, Food Pantry Cleaner
 Tyrone Evans, Grocery Delivery Coordinator
 Patty Kelly, Development Director
 Brandon King, Everett Nutrition Backpack Coord.
 Anson Kwong, Food Access Coordinator
 Marcia Manong, Office Manager
 Eileen Mullen, Volunteer Coordinator
 Doug Rogers, GBFB & Grocery Delivery Asst.
 McKay Russo, Food Pantry Coordinator
 Gabriella Snyder Stelmack, Executive Director
 Maria Tiro, Meals Program Coordinator
 Danielle Velasquez, Meals Program Ass’t.& Motel Coord
 Charlene Wilson, Everett Mobile Market
 Coordinator/GBFB Driver
 Melissa Yee, Everett Nutrition Backpack Coord.

Bread of Life Board of Directors 2023

Officers:
 President: Séan Twomey (*At-Large*)
 Vice President: Mary Beth Leon (*Cheverus School, Malden*)
 Treasurer: Edwin Andrews (*Temple Tiferet Shalom, Peabody*)
 Secretary: Chris Chitouras (*At-Large*)
 Recording Secretary: Jana Gimenez (*TheFoodDrive, Melrose*)

Directors:
 Sara Brandon (*At-Large*)
 Barbara Durgin (*At-Large*)
 Louis Gentile, Jr (*Winchester Savings Bank*)
 Mark Golub (*At-Large*)
 Robert Goodreau (*At-Large*)
 Claudia Lee (*At-Large*)
 Liz Lombardozzi (*St. Joseph’s Malden*)
 Douglas Mayers (*At-Large*)
 Kathleen McKenna (*Sacred Hearts and Cheverus Malden.*)
 Bernadette Mutebi (*Program Representative*)
 Dennis Roche (*First United Methodist, Melrose*)
 Stacy Roche (*First United Methodist, Melrose*)

Young Professionals Advisory Board

YPAB is a group of emerging Boston-area leaders who support Bread of Life’s mission by connecting with peers to raise awareness of the issue of food insecurity.

Members:

Harrison Bond, Turner Construction
 Julie Bourgea. Karas & Karas Glass Co. Inc.
 Lidiya Dimova, Lamacchia Realty
 Rachel Goodreau, Mass Eye and Ear
 Kenny Saint Juste, Winchester Savings Bank
 Frank Kelly, Structure Tone Building Group
 Elizabeth Natale, Asst. Professor Merrimack College
 Will Nuccio, Procopio Companies
 Lisa Speziale, Morse Constructions
 Dan Urchuck, Student Middlebury College
 Tara Vocino, Freelance Photojournalist.

Meals Program Partners

Everett American Muslim Center

Malden First Baptist Church
 First Church in Malden, Congregational
 First Lutheran Church
 First Parish in Malden, Universalist
 Malden High School Key Club
 MA Senior Action Council Metro North
 Outreach Community & Reform Center
 Sacred Hearts Parish
 St. Vincent de Paul Society, St. Joseph’s Parish

Melrose First Baptist Church
 First Congregational Church
 First United Methodist Church
 Green Street Baptist Church
 McNeilly Family & Friends
 Melrose Highlands Congregational Church
 Melrose Rotary Club
 Melrose Unitarian Universalist Church

Peabody Temple Tiferet Shalom

Reading Church of the Good Shepherd

Saugus Portuguese Baptist Church

Wakefield Emmanuel Episcopal Church

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Website: www.breadoflifemalden.org
 Phone: 781-397-0404
 Office: 214 Commercial St., Suite 209, Malden, MA 02148
 Food Pantry/Warehouse: 109 Madison St., Malden



214 Commercial Street, Suite 209.
Malden, MA 02148
breadoflifemalden.org



PROGRAMS SERVING THE COMMUNITY

• Malden Food Pantry

Location: 109 Madison Street, Malden
Hours: Wednesdays 4-6pm and Fridays 2-4pm
Frequency: pick up every four weeks

• Everett Mobile Market

Location: Lafayette School, 117 Edith Street, Everett
Hours: Thursdays 3:30-5 pm
Frequency: pick up every four weeks, Everett residents only

• Everett Family Cares Pantry

Location: The Family Church, 1691 Revere Beach Pkwy
Hours: Mondays 5-8 pm
Frequency: weekly

• Grocery Delivery

Hours: deliveries scheduled Tuesday through Friday
Frequency: monthly
Procedure: serves Malden and Everett senior citizens and disabled residents. By referral from Mystic Valley Elder Services, other agencies, or with self-certification form

• Evening Meals

Location: First Baptist Church, corner of Main & Salem Streets, Malden
Hours: Tuesdays through Fridays, 5:30-6:30 pm

• Backpack Nutrition Program

Frequency: Regular school year September-June weekly deliveries to Everett schools, and summer vacation weekly distribution in conjunction with School Lunch Program
Procedure: any Everett student may contact school staff

• Homeless Individuals & Families Motel Meals

Frequency: twice weekly
Procedure: by closed referral from agencies

• Malden Teen Enrichment Center Meals

Frequency: weekly

- \$30 provides 10 prepared meals for a low income or homeless person for the week
- \$50 provides 3 grocery orders delivered to an elderly, disabled or COVID-quarantined household
- \$100 provides 4 grocery orders for a low income family
- \$300 provides 100 meals for Bread of Life's evening meal service
- \$500 provides 48 backpacks filled with nutritious snacks to students served through Bread of Life's Backpack Nutrition Program
- \$1000 fills 63 grocery boxes delivered weekly to senior citizens served through Bread of Life's Grocery Delivery Program

To make a tax-deductible donation to Bread of Life, please mail check payable to Bread of Life to:
Bread of Life, 214 Commercial St., Suite 209, Malden, MA 02148

or donate online at: www.breadoflifemalden.org/donate

Email: info@breadoflifemalden.org

Bread of Life is a nonprofit, 501(c)3 tax-exempt, nondenominational faith-based organization serving the communities north of Boston, with a mission to feed the body and to nurture the soul, providing over 1 million meals per year to neighbors in need.