

## April Monthly Newsletter

1 message

**Bread of Life** <info@breadoflifemalden.org>  
Reply-To: info@breadoflifemalden.org  
To: collavoc@gmail.com

Mon, Apr 10, 2023 at 12:29 PM

### April Monthly Newsletter



## Bread of Life

*Food for the body...Nurture for the soul*

#### Reflections from our Director

“Hope” is the thing with feathers -  
That perches in the soul -  
And sings the tune without the words -  
And never stops - at all -  
And sweetest - in the Gale - is heard -  
And sore must be the storm -  
That could abash the little Bird  
That kept so many warm -  
I’ve heard it in the chilliest land -  
And on the strangest Sea -  
Yet - never - in Extremity,  
It asked a crumb - of me.

- Emily Dickinson



March 31st marked the last night of the season for the Malden Warming Center, an overnight place of warmth and safety for people who find themselves without a place to call home. As I left that morning with the other volunteers, we were struck by the sight of daffodils in the sun and the sound of birds chirping in the trees. Hope swells as life awakens in the spring, so longed for during the cold grey winter. And even as we fretted over what was going to become of all the guests we’ve grown fond of for the past four months, twenty-four a night at the center, I felt myself hopeful for them. Everything is hard, demoralizing, discouraging, when you’re homeless - where to stay for the night, get washed up, do your laundry, stash your things so they won’t be stolen, thrown out or destroyed by weather. Not to mention, look for housing, keep healthcare appointments, get your mail. And yet, each of these guests has their

own hopes and dreams, plans and strategies like any of us. They want to thrive, not just survive. And Bread of Life is one of the organizations standing with them. We provide a safe gathering place and a nightly hot meal for many homeless guests year-round. Some have become volunteers at our meals and food pantry so they can have a sense of normalcy, friendly conversations, and shared work that's meaningful and rewarding. them. For all our patrons, regardless of their situation, homeless or housed, working or unemployed, young or not-so-young, we at Bread of Life believe in them and hope for them that they can move on into more stability, security, and contributing to community, with all of us working together.

In hope & love,  
God bless you,  
Gabriella

Gabriella Snyder Stelmack  
Executive Director

## Under One Roof Update

As of the first week of April 2023, the foundation has been poured and backfilling around the foundation continues. The grease trap is being placed and ground connections made for water drainage and sewage. Around April 17th you'll start to see steel beams go up. The estimated completion date for construction is Dec 2023/Jan 2024. This game-changing project will bring all BOL program under one roof: food pantries, evening meals, backpacks, teen center collaboration, motel shelter food provision, grocery delivery and food access. The project also provides a multi-purpose hall for expanded programs, our offices, and 14 affordable studio apartments owned and operated by our housing partner, Metro North Housing Corp, to provide permanent housing for formerly homeless individuals. We are deeply grateful to the 1,100+ individuals, businesses, foundations, civic groups, schools and faith communities that contributed over \$4.5 million toward our \$5.8 million project!



Photo FR17.5  
Excavator spreading fill material at the interior of the foundation.

## Making a Difference

According to Shane McNally, one of the teachers in the English Learning Department of the Everett Public Schools, moms are the biggest fans of our Everett Backpack Nutrition program! Here are a few of the things they've said:

"The food helps at all times. And it is well received. I am saving everything they send. Everything that comes in the bag is necessary for my house. Thank you

very much." (Nayeli, a mom originally from El Salvador)

"The children adore the cookies and cereals. I quite like it when you bring those bags for me, I am very happy. I love these food bags...Thank you very much, God bless you.

I'm glad you take a moment out of your day to help other people, that's the greatest wealth of human beings." (Paula, a mom originally from Brazil)

"I thank God and you. These food bags are blessings for me. They help me a lot and save for me too. Thank you very much. I also take care of some cousins, they love them." (Naiara, a mom originally from Brazil)

## Sponsorship Opportunity

**We launched a Bread of Life e-news sponsorship opportunity in 2023!**

For \$200 sponsorship per month, we will feature your business with a short paragraph about your partnership and support of Bread of Life, along with your logo and a link to your website. We will feature a new business each month. Please contact Patty Kelly at [Patty.Kelly@breadoflifemalden.org](mailto:Patty.Kelly@breadoflifemalden.org) and become a Bread of Life e-news sponsor!

## Community News

### **Young Professional Advisory Board (YPAB)**

During the month of March, Bread of Life's Young Professional Advisory Board (YPAB) hosted a cereal drive for our families. Thousands of boxes cereal were collected and delivered to Bread of Life.

Brandon King, Bread of Life's Backpack Program Coordinator, shared, "In all the years I have been at Bread of Life, this is the largest single-item donation we have ever received!"

Thank you to YPAB Board Members and their colleagues, customers and associates who donated. Cereal is always appreciated at Bread of Life! To learn more about our fantastic YPAB Board, visit <http://www.breadoflifemalden.org/bod>



### **Malden Catholic**

Thank you Malden Catholic High School National Honor Society students for preparing Easter baskets for Bread of Life families!



## Nominate Bread of Life for the Boston Red Sox Foundation Impact Award!!

Read more here:

<https://www.mlb.com/.../red-soxfoundation/impact-awards>



## The Starbucks Foundation #NeighborhoodGrants

Bread of Life is proud to be selected as a recipient for The Starbucks Foundation #NeighborhoodGrants, thanks to local Starbucks partners (employees ) in our community! Thank you for your generous support!



## Volunteer Opportunities

**Cantonese, Creole, Mandarin, Portuguese, Spanish and other language speakers welcome!**

**Malden Food Pantry, 109 Madison St., Malden  
Wednesdays 12-6:30pm; and Mondays, Tuesdays,  
Thursdays, Fridays 12-5pm**

Come for the whole time or just a few hours. No need to contact us beforehand. Just drop in when you can. Help load/unload food from vehicles, stock shelves/refrigerators/freezers, sort food, organize/clean, pack groceries, help with food distribution, work with the public, do data entry, and more.



**Grocery Delivery Program, 109 Madison St., Malden**

### **Wednesdays and Thursdays any time from 10am-5pm**

Help deliver boxed groceries to homebound individuals in your vehicle. Serving Chelsea, Everett, Malden, Medford, Melrose, Lynn, North Reading, Revere, Stoneham, Wakefield, Winchester, Winthrop, Woburn.

### **Everett Mobile Market**

**Come for the whole time or just a few hours. No need to contact us beforehand. Just drop in when you can.**

**Preparation: Thursdays 8:30-11:30am, 109 Madison St., Malden**

Help pack groceries and load food onto truck.

**Distribution: Thursdays 3:00-5pm, Lafayette School Parking Lot, 117 Edith St., Everett**

Help unload and distribute groceries from truck; register/check people in.

### **Everett Backpack Nutrition Program, 109 Madison St., Malden**

**Preparation: Fridays any time from 12-4 pm**

Help pack backpacks with breakfast, lunch, supper and snack items for students in need.

**Distribution: Mondays 11am-1pm**

Help make deliveries to schools.

### **Food Access Project, 109 Madison St., Malden**

Help implement activities and translation to improve food access.

***Please Note:*** Park on the street so our vehicles can come and go freely! Masks are required unless you're vaccinated.

***And...*** There are many other ways to get involved and make a difference too... Be creative!

**Contact: Eileen Mullen, Volunteer Coordinator: [Eileen.Mullen@BreadofLifeMalden.org](mailto:Eileen.Mullen@BreadofLifeMalden.org) or 781-397-0404 (main office)**

*Food for the Body...Nurture for the Soul*

Follow us



Donate Today