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## August Monthly Newsletter

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**Bread of Life** <info@breadoflifemalden.org>  
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Mon, Aug 15, 2022 at 9:10 AM

## August Monthly Newsletter



# Bread of Life

*Food for the body...Nurture for the soul*

### Reflections from our Director

With the completion of our capital campaign funding and financing in July (see *Under One Roof* Update below), our building project team is now working intensively. Architect, project managers, contractors, engineers, attorneys, owners, funders are meeting regularly to accomplish the myriad tasks to be done for closing on our loans and constructing this new facility. Prior to COVID-19, Bread of Life distributed about 119,000 lbs of food to 4,600 people per month. In the highest month of need during the pandemic, December 2020, we distributed 184,800 lbs of food to 12,600 people. Currently, we distribute about 133,000 lbs of food to 9,000 people per month. Our new facility will enable us to continue to meet the increased need and to expand our services to the community for years to come.



So I want to take a step back to breathe and reflect on what it all comes down to. It means a veteran and his wife who are both in their 80s and have health problems, get meals delivered to them by volunteers from our evening meal program. It means a homeless woman in her 60s, who usually can only afford a big bag of chips and a can of coke as a meal (comes to under \$5), can eagerly enjoy a chicken parm & pasta meal made by a community volunteer. It means a couple with three children trying to make ends meet through part-time jobs with Lyft and retail work, can drive to our Everett Mobile Market and receive

bags of fresh produce, meat/fish, bread, dairy products, rice, beans and other staples.

Bread of Life is dedicated to providing a place where all of us have a place at the table to eat and to share what we have and what we can do for others.

Thank you for making this possible with all YOU do.

God bless you,  
Gabriella

## Under One Roof Update

We are thrilled to tell you that in July Bread of Life completed the funding and financing for our *Under One Roof* building project! Our funding sources are a combination of government grants from the City of Malden and state of Massachusetts, Eastern Bank loan through a tax-exempt bond, and our successful



capital campaign to which over 1,100 of you donated as individuals, businesses, memorials, foundations and fundraising events.

All this is very exciting. Our new facility will permanently enhance our services:

- \* it has 70% more space than our previous facility, efficiently-designed, which will enable us to receive, process, store and distribute more food
- \* it gives us control over our space, enabling us to be open more hours for volunteers and patrons, to grow our programs, and to distribute more food to more people
- \* it was designed to take into consideration possible future pandemic conditions, including design elements for social distancing, patron circulation flow, eliminating doors/door handles where possible, bottle filling stations, etc.
- \* it expands our impact on people in poverty by partnering with Metro North Housing Inc to construct 14 permanent studio apartments to be owned by MNHC for housing very low-income homeless individuals.

Now that our funding and financing is complete, we have commenced our closing process with our bank and funders. You will see hazardous materials abatement begin this month and demolition of the existing building begin by early September. Our goal is to help control costs by laying the foundation before the cold weather sets in. Total construction time will be 14 months for a Fall 2023 move-in date!

YOU have made this dream come true. THANK YOU!

# Making a Difference

Malden High School Transitions Program, one of our Program Partners, is for students who will not be receiving diplomas when they leave high school. BOL provides a site for the students to practice job skills by volunteering in our pantry weekly. At the end of the school year 2022 they gave us cards saying “thank you for getting me the job”, “thank you for great work experience”, “I want to learn more and I like that job”, and “you are kind.” Transitions Coordinator Kelli Collomb told us that Bread of Life pantry staff Katie Koval, Charlene Wilson and Teri Barchard had been terrific in working with the students with patience, kindness and helpfulness.

## Community News

### Cambridge Savings Bank

Sharing great news! The Cambridge Savings Bank Charitable Foundation recently awarded Bread of Life a \$30,000 food assistance grant. We are so grateful for the continued support of Cambridge Savings Bank and their dedication to our community. Thank you!



### Bread of Life's Young Professional Advisory

**Board** is growing! Join us August 25th at Idle Hands Craft Ales to learn how YOU can make an impact in our community.



### Bread of Life's Walk

Join us to help stop food insecurity for our neighbors  
Saturday, October 1st 12pm  
Pine Banks, Melrose



[Click here to sign up](#)

## Volunteer Opportunities

**Bread of Life is looking for volunteers for these programs:**

### Grocery Delivery Program

*Wednesdays and Thursdays between 10:30 and 4:30*  
Starting from Bread of Life Food Pantry - 109 Madison St., Malden



- Help deliver boxed groceries to homebound individuals in your vehicle.

### **Evening Meals Program**

*Tuesdays through Fridays, 3:30 to 7:00*

First Baptist Church - 493 Main St., Malden

- Sample tasks: Help unload food from van, prepare and pack meals for pick up, clean up and break down.

### **Everett Mobile Market**

*Thursdays, 2:00 to 5:00*

Lafayette School Parking Lot - 117 Edith St., Everett

- Cantonese, Portuguese, Haitian Creole, Spanish speakers needed!
- Sample tasks: Help distribute groceries from truck; interview recipients to complete application form.

### **Everett Backpack Nutrition Program**

*Delivery on Mondays 11:00 to 5:00; Packing on Fridays 12:00 to 4:00*

Bread of Life Food Pantry - 109 Madison St., Malden

- Help pack backpacks with breakfast, lunch, supper and snack items for Everett Public School students in need; deliver to Everett Public Schools on Mondays.

We have many other volunteer opportunities available. If you or someone you know wants to make a difference and get involved, please contact our new Volunteer Coordinator Eileen Mullen at [Eileen.Mullen@BreadofLifeMalden.org](mailto:Eileen.Mullen@BreadofLifeMalden.org) or 781-397-0404.

*Food for the Body...Nurture for the Soul*

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