



**Bread of Life**  
Food for the body... Nature for the soul

# Christmas Day Dinner

*Join us for a free meal with friends & neighbors*

**Monday, Dec. 25, 2023**

**12 - 2 pm**

**Malden High School, corner of Salem & Ferry Streets**

**Enter from Ferry Street**

All are welcome to enjoy a meal of Roast Beef, Potatoes, Carrots, Green beans, Bread, Fruit, Dessert, Coffee and Tea.

*No reservations are needed. The site is handicap accessible.*

*Meals will be delivered to senior citizens and others who are unable to leave their homes.*

**To request a meal:**

Contact your case manager at Mystic Valley Elder Services (MVES) by December 21, 2023.

Otherwise, call "CMBG3 Law LLC" at 617-279-8200, Mon-Fri 9AM-5PM to request a meal before 12PM on December 22, 2023.

**To volunteer to deliver meals** (deliveries between 10:30 am and 1 pm on Christmas Day), contact Bryna at: [bmisiura@cmbg3.com](mailto:bmisiura@cmbg3.com) or 603-770-2599.

**To volunteer with meal preparation or serving, contact** Jon Weiner at [ChristmasDayMalden@gmail.com](mailto:ChristmasDayMalden@gmail.com)

**Sponsored by:**

Dr. Ed & Dr. Jon Weiner & Friends, Project Ezra and the Jewish community, the office of Malden Mayor Gary Christenson, the Malden Public Schools Nutrition Services, and Bread of Life.