

February Monthly Newsletter

1 message

Bread of Life <info@breadoflifemalden.org>
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To: collavoc@gmail.com

Fri, Feb 10, 2023 at 12:13 PM

February Monthly Newsletter



Bread of Life

Food for the body...Nurture for the soul

Reflections from our Director

During February, National Black History Month, we celebrate the achievements and legacy of Black Americans as an integral part of our shared American history. One of Bread of Life's Core Values is to "Build community by incorporating individuals and groups that represent the diversity of our cities as volunteers, partner organizations, board members and staff." At Bread of Life, we not only welcome diversity, we need it.



When we think of how we differ from each other, there are truly a lot of factors: race, culture, ethnicity, primary language, religion, gender, economic class, political views, urban/rural, occupation, interests, skills, communication styles.... It sometimes amazes me that we can understand each other and get along at all! That's one reason why we need to tap the rich diversity of people in our communities to be part of our work at every level – volunteers, staff, board and donors. Each person brings to the work of Bread of Life a unique combination of experience, understanding, knowledge and skills shaped by these many factors. This helps Bread of Life to build community and better serve those in need. A few of the hundreds of people who are part of Bread of Life's work come to my mind:

An African American woman who manages our Everett Mobile Market, coordinates volunteers, and does our main food pickups

A South African father who works at our evening meals program and is parenting a child with special needs

A Cantonese-speaking Federal employee who volunteers to provide interpreting services at our Malden food pantry

A Mexican-American woman who works as a laborer in the construction industry and volunteers to clean in our Malden food pantry

An Arab-American healthcare worker and mom who organizes product at our food warehouse

Bread of Life needs diversity, equitable access, and inclusion of multiple perspectives at all levels of our organization in order to be successful in our work for food equity, food justice and, ultimately, food security for all. Thank you for partnering with us in this empowering work, and for helping make hunger history.

God bless you,
Gabriella

Gabriella Snyder Stelmack
Executive Director

Under One Roof Update

During February, our contractor continues work on the foundation at [54 Eastern Ave, Malden](#). When our facility is completed, estimated to be January 2024, we will have two floors of space for Bread of Life programs and administration, giving us increased capacity to receive and store food donations, increased scheduling latitude for food distribution, and increased ability to utilize volunteers. Our housing partner, Metro North Housing Corp, will own and operate 14 permanent, rent-subsidized studio apartments on the third floor for local homeless individuals and veterans who will be able to access Bread of Life programs within the facility.



Making a Difference

Our Malden-based food pantry helps stop food insecurity right here at home. A neighbor we were able to assist posted this message to us:

I have been going to the Bread of Life pantry for two years now. The staff and volunteers are very kind, warm and caring. The pantry provides a fantastic

variety of food, household products and personal products. [We] are most grateful.

Sponsorship Opportunity

We are launching a Bread of Life e-news sponsorship opportunity in 2023!

For \$200 sponsorship per month, we will feature your business with a short paragraph about your partnership and support of Bread of Life, along with your logo and a link to your website. We will feature a new business each month. Please contact Patty Kelly at Patty.Kelly@breadoflifemalden.org and become a Bread of Life e-news sponsor!

Bread of Life Annual Meeting

**MONDAY, FEBRUARY 27, 2023
AT 5 PM**

We welcome anyone who would like to learn more about Bread of Life, including volunteers, prospective Board members, businesses, clergy, mission committee representatives and others. Every Bread of Life Partner Organization is eligible to have one representative vote on business brought before the Annual Meeting.

Agenda:

- Celebrate what Bread of Life accomplished in 2022, including helping stop food insecurity for thousands of local families, and starting construction on our “Under One Roof” facility to centralize our dining hall/multi-function hall, kitchen, food pantry & offices and provide 14 affordable studio apartments.
- Accept the 2022 Financial Report and adopt the 2023 Budget
- Elect Directors and Officers to the Board

The meeting will be held remotely by Zoom. For Zoom link, please RSVP to gabriella.stelmack@breadoflifemalden.org



ANNUAL MEETING

**Monday, February 27, 2023
5:00 pm, to be held remotely by Zoom**

For Zoom link, please RSVP to gabriella.stelmack@breadoflifemalden.org

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Bread of Life is a nonprofit, nondenominational, faith-based food security organization based in Malden, MA that provides over 1.5 million pounds of free food a year for economically struggling and disadvantaged families, individuals, youth and senior citizens in the North metro Boston area. Bread of Life utilizes hundreds of volunteers and dozens of partner organizations to distribute food through our primary programs: food pantries; prepared and congregate meals; grocery delivery to senior citizens; nutrition backpack distribution to at-risk Everett public school youth; food delivery to homeless individuals and families in shelter; and Food Access project to overcome barriers to accessing nutritious food encountered by lower-income communities with respect to race, ethnicity, language, culture, age, gender and other factors.

 [breadoflifemalden](#)  [breadoflifema](#)  [breadmalden](#) Email: info@breadoflifemalden.org

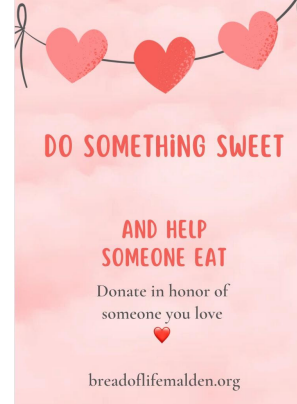
Community News

Valentine Fundraiser

Bread of Life is Looking to share Valentine kindness and help Bread of life? Be a sweetie and donate in honor of someone you love .

Your donation will support Bread of Life's programs and help families in need.

[Click here to donate](#)



Pre-St. Patrick's Day Event

Bread O'Life is hosting a Pre-St. Patrick's Day Event at Idle Hands Craft Ales Thursday, March 16th, 5-7pm.

Join us for a fun event as we share exciting updates about Bread of Life.

Pizza on us!

Raffles and Cash Bar.

Idle Hands is generously donating \$2/ pint to Bread of Life!

\$30 per person, purchase here:

<http://www.breadoflifemalden.org/events>



Young Professional Advisory Board (YPAB)

Bread of Life serves a free evening meal, Tuesday-Friday evenings, open to all.

Thank you to members of our Young Professional Advisory Board (YPAB) for volunteering Tuesday evening; serving meals and sharing smiles!



Obi Ofokansi Turner Construction Company, Lisa Speziale Morse Constructions, Rachel Goodreau Mass General Brigham Julie Bourgea Somerville District Court, Kenny Saint Juste Winchester Savings Bank, Will Nuccio, #TurnerConstructionCompany, Harrison Bond, #TurnerConstructionCompany, Frank Kelly Structure Tone.

Volunteer Opportunities

Cantonese, Creole, Mandarin, Portuguese, Spanish and other language speakers welcome!

Malden Food Pantry, 109 Madison St., Malden

**Wednesdays 12-6:30pm; and Mondays, Tuesdays,
Thursdays, Fridays 12-5pm**

Come for the whole time or just a few hours. No need to contact us beforehand. Just drop in when you can. Help load/unload food from vehicles, stock shelves/refrigerators/freezers, sort food, organize/clean, pack groceries, help with food distribution, work with the public, do data entry, and more.



Grocery Delivery Program, 109 Madison St., Malden

Wednesdays and Thursdays any time from 10am-5pm

Help deliver boxed groceries to homebound individuals in your vehicle. Serving Chelsea, Everett, Malden, Medford, Melrose, Lynn, North Reading, Revere, Stoneham, Wakefield, Winchester, Winthrop, Woburn.

Everett Mobile Market

Come for the whole time or just a few hours. No need to contact us beforehand. Just drop in when you can.

Preparation: Thursdays 8:30-11:30am, 109 Madison St., Malden

Help pack groceries and load food onto truck.

Distribution: Thursdays 3:00-5pm, Lafayette School Parking Lot, 117 Edith St., Everett

Help unload and distribute groceries from truck; register/check people in.

Everett Backpack Nutrition Program, 109 Madison St., Malden

Preparation: Fridays any time from 12-4 pm

Help pack backpacks with breakfast, lunch, supper and snack items for students in need.

Distribution: Mondays 11am-1pm

Help make deliveries to schools.

Food Access Project, 109 Madison St., Malden

Help implement activities and translation to improve food access.

Please Note: Park on the street so our vehicles can come and go freely! Masks are required unless you're vaccinated.

And... There are many other ways to get involved and make a difference too... Be creative!

Contact: Eileen Mullen, Volunteer Coordinator: Eileen.Mullen@BreadofLifeMalden.org or 781-397-0404 (main office)

Food for the Body...Nurture for the Soul

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Donate Today

Bread of Life | [214 Commercial St., Suite 209, Malden MA](#) | www.breadoflifemalden.org

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