



Gabriella Snyder Stelmack <collavoc@gmail.com>

October Monthly Newsletter

1 message

Bread of Life <info+breadoflifemalden.org@ccsend.com>

Wed, Oct 18, 2023 at 11:49 AM

Reply-To: info@breadoflifemalden.org

To: gabriella.stelmack@breadoflifemalden.org

October Monthly Newsletter



Bread of Life

Food for the body...Nurture for the soul

Reflections from our Director

"Give us today our daily bread" - *Matthew 6:11*,
from "*The Lord's Prayer*"

I recently heard a reflection on this phrase pointing out that Jesus instructs me to ask God as my loving Father not only to meet my needs, but "our" needs. I pray this prayer before breakfast, and since I eat alone I have often changed it to "give *me* today *my* daily bread" so I can remember that God cares about every person, including me.

But the instruction is for me to think at the same time about everyone else. I am jolted now and again by a few realities. The first is that, as a city-dweller, I am completely dependent on others for my food: farmers, local growers, agribusiness, food processors, distributors, transportation providers, fuel providers, wholesalers, retailers, etc. The second is that I have all the food I need to thrive, yet others, even people in my own community, do not. Why? There are many answers to why people are hungry, among them: high costs of housing, heat, medical, fuel, childcare and food, inadequate wages, unemployment, physical or mental impairment from working, systemic racism that blocks access to economic advancement. But what's special about me, and others who have enough and even more than enough, that we have evaded hunger? Nothing, fundamentally, as far as I can figure out. The only reason I have found so far to justify my fullness, is that I am supposed to give from what



I have. Jesus put it this way: "From everyone who has been given much, much will be demanded." (Luke 12:48). That has always scared me. I've been given so much. We in this nation have been given so much. And so, much is required of us. Bread of Life provides a way for many, many of us to pull together to give from our fullness - food, volunteer time, skills, resources, connections, funds. Thank you for sharing from your fullness so that others may also be filled.

God bless you,
Gabriella

Under One Roof Update

Construction continues in October on our new facility at 54 Eastern Avenue in Malden with inspections of rough electrical, plumbing and HVAC work; paving the site; installation of showers for the apartments; installation of drywall; and completing the roof. The anticipated completion date for construction is February 2024.



The 54 Eastern Ave project will bring all BOL programs under one roof - food pantries, evening meals, backpacks, teen center collaboration, motel shelter food provision, grocery delivery and food access - along with our offices and a multi-purpose hall for expanded programs. The project also provides 14 affordable studio apartments owned and operated by Metro North Housing Corp (MNHC) to provide permanent housing for very low-income formerly homeless individuals.

Thank YOU and over 1,100 donors who have invested in this project to build and sustain Bread of Life's food security work. You are making this dream a reality!

Thank you,
Gabriella Snyder Stelmack, Executive Director

Making a Difference

Bread of Life hosted an informational table at the annual Victorian Fair in Melrose in September. We were privileged and humbled to hear some wonderful testimonies to BOL's work from volunteers and recipients of our services. One mother who stopped by our table really made an impression on me. It turns out that Bread of Life helped her in the early 2000's when she was in addiction recovery, unemployed and receiving SNAP benefits because she had little income. She was smiling ear to ear as she told us she has been completely on her feet for 20 years! She said she keeps her SNAP card as a reminder of where she's been and how far she's come. She remembers our quirky offices on Main Street Malden where all our programs and admin were crammed into tiny storefronts! But she remembers most of all, and is so grateful, that Bread of Life helped her with food and support and kindness.

Community News

Join us October 27th!

We're so excited! Save the date for Benefit Concert, Friday, October 27th at The Sanborn House Historical and Cultural Center!

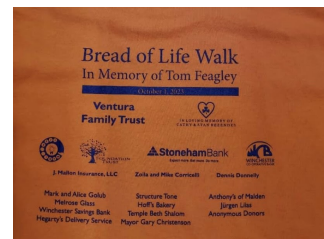
Thank you Winchester Savings Bank Harris & Murphy, LLP Mahtani RE Leading Edge Real Estate.





Bread of Life Walk a Great Day!

Thank you to Bread of Life supporters and walkers for joining us at Bread of Life's Walk October 1st! A great day was had by all as we walked in memory of Tom Feagley. We are so thankful for all who celebrated with us to share memories of Tom and raise awareness of Bread of Life's programs. Be sure to save the date for next year's Walk- Sunday, October 6th!



Volunteer Opportunities

Arabic, Cantonese, Creole, Mandarin, Portuguese, Spanish speakers welcome!

Malden Food Pantry, 109 Madison St., Malden

Mondays/Tuesdays/Fridays 12-5pm; Wednesdays 10am-6:30pm; Thursdays 10am-5pm

Come for whole time or just a few hours. No need to contact us beforehand. Just drop in when you can.



Ways you can help: load/unload vehicles, sort food, stock shelves/refrigerators/freezers, organize/clean, pick up/deliver, pack groceries, distribute food, work with the public, translate, help with data/admin tasks.

Grocery Delivery Program Drivers, 109 Madison St., Malden

Wednesdays/Thursdays - any time from 10am-5pm

Help deliver boxed groceries to homebound individuals in your vehicle. Serving Chelsea, Everett, Malden, Medford, Melrose, Lynn, North Reading, Revere, Stoneham, Wakefield, Winchester, Winthrop, Woburn

Everett Mobile Market

Come for whole time or just a few hours. No need to contact us beforehand. Just drop in when you can.

Preparation: Thursdays 10am-12pm, 109 Madison St., Malden Help move food, pack groceries and load food onto truck for food distribution.

Distribution: Thursdays 3:30-5pm, Lafayette School Parking Lot, [117 Edith St., Everett](#) Help unload and distribute groceries from truck; check people in; break down and clean up.

Everett Backpack Nutrition Program, 109 Madison St., Malden

Preparation: Fridays - any time from 12-4 pm

Help pack backpacks with breakfast, lunch, supper and snack items for students in need.

Distribution: Mondays - 11am-1pm Help make deliveries to schools.

Food Access Project, 109 Madison St., Malden

Help implement activities and translate information to improve food access for non-English speaking communities.

And Also... There are many ways to make a difference – be creative! Organize a food drive, Bake cookies, Make goody bags, Write/Draw greeting cards, and more...

Contact: Eileen Mullen, Volunteer Coordinator: Eileen.Mullen@BreadofLifeMalden.org, 781-397-0404 (main office)

Food for the Body...Nurture for the Soul

Follow us



Donate Today

Bread of Life | [214 Commercial St., Suite 209, Malden MA](https://www.breadoflifemalden.org) | www.breadoflifemalden.org

Bread of Life | [214 Commercial Street, Suite 209, MALDEN, MA 02148](https://www.breadoflifemalden.org) 781-397-0404

[Unsubscribe gabriella.stelmack@breadoflifemalden.org](mailto:gabriella.stelmack@breadoflifemalden.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by info@breadoflifemalden.org powered by



Try email marketing for free today!